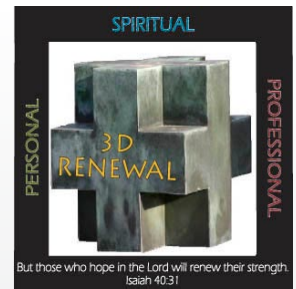


2010 Workshop Descriptions



“Attachment Styles and the Importance of Emotionally Intelligent Relationships”

David Burleson, D.Min., LPC

Attachment theory provides an insightful way to understand human relationships. In this seminar, we will use attachment theory to explore why people do the things they do. We will also examine ways Christian counselors and caregivers can create an environment of growth by relating to hurting people in emotionally intelligent ways.

“How Mediation Skills Can Enhance Your Clinical Practice & Bless The Success of Your Clients!”

Sharon Bayus, M.A., LPC

As a clinician or a pastor, do you ever wish God would enlighten you with way to keep couples and families from going around in circles arguing in your office about the same thing for weeks? Are you puzzled by people who say they want to save their marriage, but are already emotionally divorced? Are you perplexed by clients who say they are Christians but refuse to apply God’s Word and principles to their own behavior, marriage, family and/or business practices? Ever wonder why they expect you to fix in just a few weeks, what took decades to destroy? Ever frustrated that they ask you what to do and then rebel against doing it? It is heartbreaking to watch people divorce when you know it is all about pride--and how quickly a little humility and repentance could heal. Many clinical providers and pastors alike, simply dread couples’ and family work for these reasons. Mediation skills in clinical and ministry settings can eliminate these frustrations and let you enjoy the work that God has called you to do. Reconciliation Mediation is tremendously rewarding for practitioners and clients! This workshop will not make you a mediator, but it will help you to know if you want to attain these skills and whether or not doing so will accomplish what you want it to accomplish in your ministry or clinical practice.

“Life, Libido and the Happiness of Pursuit”

Larry Gilliam, Ph.D., LPC

The purpose of this workshop is to use music, humor and metaphors to present a proven, usable counseling model for dealing with issues related to righteously managing basic human drives, especially the sex drive. The approach is both Biblically based and psychologically sound. We will examine God’s original design, reveal common distortions and perversions, present some proven practices and principles that promote healing and deliverance; and attempt to do this in a manner that is informative, inspirational, and entertaining.

“The Integration of Psychotherapy and Christian Faith and the Application within Treatment”

Leah McDill, Ph.D., LPC-S

The integration of psychology and theology may be viewed as the attempt to bring our Christian faith to bear on our chosen profession of Christian counseling when assisting our clients in the therapy process. In this seminar, I invite you to inspect the relationship between Christianity and psychology, how your faith influences your openness to resources, view of human nature, theoretical orientation, and methodology. In addition, I invite you to explore how your Christian context can be applied in the treatment process, including issues related to shame, manipulation, anger and depression, and boundaries. Come join me in a proactive exploration of how God empowers us, as Christian counselors, with additional tools to insure our solid theoretical grounding and application, which will increase the likelihood of yielding healthier Galatians 5:22 fruit for the dear souls whom we get to serve.

“Living with Loss”

Lindsey Irons, M.Ed., LPC-S

Grief is the one universal experience we all share, yet one of the most difficult to talk about. By looking at the way society views death and how we first witnessed grief as children, we can gain insight into how and why we respond to the unspoken “rules” surrounding grief. For clinicians working with clients struggling with grief, we can help them understand the process and give them permission to feel their feelings. Once they allow themselves the process, they can be open to learning ways to assimilate the experience into their ongoing stories. This workshop will attempt to provide a different perspective into how we can help clients work through grief.

“Caregiver Self Care: Managing Stress and Compassion Fatigue”

Rosalind Stanley, M.A., CPC

There are times when in the process of meeting the emotional, mental, and spiritual needs of others that caregivers underestimate their own needs and do not adequately employ self care. This can lead to distress and compassion fatigue/burn-out. This workshop will explore the role of Christ-centered caregiving, providing self care measures necessary to aid in the prevention, management and /or recovery of distress and compassion fatigue/burn-out. The Stress Indicaion Test (SIT) will be utilized to help participants assess their need for self care. Recommendations and tips to improve their level of self care will be provided to help lessen the possibility of distress in the future.

“Everyone Taking Part: Using Sand Tray Therapy in Family Therapy”

Marshall Lyles, M.A., LPC-S, LMFT, RPT-S and Linda Homeyer, Ph.D., LPC-S, RPT-S

Engaging the entire family in a family therapy session can be daunting, to say the least. An experiential approach, family sandtray therapy (FTS), connects young children through the oldest adult. Observe interaction styles, allow children to use the ‘language of play’, and everyone working out issues together.

“How CCT Members Are Faring In This Recession”

Tom Kennedy, Ed.D., LPC

How is this recession treating you? CCT members were surveyed about how the recession has affected their counseling practice, changes in their clientele needs, and their own professional and financial adjustment to the tough economic times. Participants will benefit from the information from the data as well as the exchange of experience from other workshop participants. This workshop will provide support through sharing ideas of how to increase income, the sharing of struggles, an understanding of scripture and experiencing prayer.

“Breathe”

Susan Edwards, M.A., LPC

The practice of contemplation/meditation in ministry, for years a forgotten tool to the evangelical, is now coming back to a position that yields great reward for those that practice it. We will consider our innate need to “be still,” look at methods and results of contemplative prayer, reflect on how it intersects with Sabbath practice, and think about how scripture draws us into a deeper relationship with our Lord through these practices. Whether it be in prayer, in photography, in writing, in art forms -- it is a way to return to quietness, to draw us into a sacred rhythm of rest, to still one’s heart and mind, so to honor Christ’s admonition “Peace, be still.” And finally, to honor the truth of the Psalmist in The Message: “True to your word, you let me catch my breath and send me in the right direction.” Ps. 23:3