

Christian Counselors of Texas, Inc. - 2012 Workshops and Descriptions

Supervisor Workshops

these workshops provide CEU's for supervisors

The Supervisory Relationship – In Depth

Sharon Bayus, M.A., LPC-S

1.5 CEU

The supervisory relationship is an important and complicated one—even more so at times than the therapeutic relationship. It adds layers of collegial, evaluative, authoritative, mentor, coach, quasi-therapeutic and power differentials to complicate matters. Managing the relationship is essential to the supervisee's progress and growth and to protect the liabilities of the supervisor. This workshop will focus on the health of the relationship and responsible resolution of difficulties.

Supervision: A Call to Reach Your World

Robin Rice, M.A., LPC-S

1.5 CEU

The Great Commission is a call for believers to reach the world with the message of God's love, which he demonstrated in Christ. Are you an LPC Supervisor or even thinking of becoming one? Come gain a vision of how supervision at its core is really about making disciples. We will discuss how you can multiple your self through your interns and share fresh ideas to help you use your supervision for the glory of God.

Workshops

Eating Disorders: It's Not About Food

Kathleen Choe, M.A., LPC

1.5 CEU

This workshop, "It's Not About Food," will provide a basic working knowledge of the major categories of Eating Disorders in the current DSM: Anorexia Nervosa, Bulimia Nervosa, and Eating Disorder Not Otherwise Specified (ED-NOS), which includes Binge-Eating Disorder and Orthorexia. Diagnostic criteria for each category, etiology including family of origin issues that may contribute to the development of each one, health concerns, and current treatment considerations, including when intensive outpatient or inpatient treatment programs are indicated, will be addressed. This workshop is appropriate for therapists and any other professionals that may encounter eating disorders in their client population.

EMDR for Trauma Recovery: Clinical and Spiritual Applications

Pamela Bermender, M.A., LMFT

1.5 CEU

Traumatic events span a spectrum of situations and experiences in people's lives. Please join us as we explore the use of Eye Movement Desensitization & Reprocessing (EMDR) modality in helping clients with healing and trauma recovery, including its history, therapeutic approach, vignettes, and some neuroscience.

Following Jesus So That Others Can Follow You: Preparing Your 2013 CCT Workshop

Kyle Miller, M.Ed., LPC-S, LMFT-S

1.0 CEU

As Christian counselors, we must follow Jesus to have His transformational power in our lives and moving through us into the lives of our clients. Using teaching, video, diagrams, small and large group discussion and brainstorming, this workshop will be a continuation of that journey. You will learn how to take one life-changing truth from your life and counseling, and over the next year, develop it into a scriptural and powerful workshop for your fellow CCT Christian counselors. You will be encouraged to bravely prepare and share one practical counseling truth and application, which you have seen God bless through your work.

Getting Real: 3 Questions to Freedom

Bobbie Burks, M.A., LPC

1.5 CEU

The greatest amount of growth in the shortest amount of time . . . in this day of managed care, it seems every counselor and people-helper is looking for methods to empower their clients with what it takes to break the cycle of additive, self-defeating behaviors and find freedom. Through the use of a brief therapy, three-question format, this workshop will present a framework for the process, calling on the individual to take personal responsibility for their choices and thereby gain the power to change. Clients benefit from not only understanding their motivations, but also lose distress by applying the same understanding to the people in their lives.

Workshops

Personality Mosaic: Understanding and Utilizing with Couples Sherry Rosenblad, M.A., LPC 1.5 CEU

We are all created by God with certain personality traits. These include ways of thinking and behaving, strengths and weaknesses. Personality assessment is a powerful tool in individual and couples counseling. This presentation and assessment looks at the similarities between many of the most notable personality tests with four distinct personality types. An assessment will be given along with extensive explanations for each type. How these interact relationally will also be explored and how to use this tool to enhance your counseling practice.

A Relational Approach to Treating Panic Attacks and Panic Disorder David Burleson, D.Min., M.A., LPC 1.5 CEU
Allison Eckelkamp, M.A., LPC-I
Chris Kingsberry, M.A., LPC-I
Mackinzie Meyer, M.A., LPC

Attachment theory provides an insightful way to understand human relationships. This seminar will use attachment theory to identify wounds that need healing in clients. We will focus on anxiety related wounds and suggest ways to heal those wounds. This seminar will integrate sound psychologist theory with what the Bible says about healthy, emotionally attuned relationships.

Self Injurious Behavior Lori Vann, M.A., LPC-S 1.5 CEU

Self-injury is an often misunderstood behavior that is still considered taboo not only in society, but especially in churches. Injury is much more common than what people realize and those who resort to injury to deal with their issues often feel intense shame and guilt about their actions. The seminar will dispel injury myths and misconceptions including demographics, history of abuse, suicide, reasons why people injure, and types of injury. In addition, specific ways to assess and respond to injury will be covered, as well as addressing some core issues behind injury, and treatment options.

Working with Dual Diagnosis Clients Clifton H. Fuller, MMFT, LPC, LMFT, LSW 1.5 CEU

This workshop is designed to help Christian counselors address more complex cases in their counseling practices. Some clients may have multiple diagnoses, which may overwhelm the client...or perhaps even the therapist. Some clients may have a biologically based pathology that cannot be treated with talk therapy alone. This workshop is designed to alert Christian counselors to the need to look for more complex diagnosis and to know which are biologically based and which may be masked by a more pressing problem. Christians who suffer from these more complex problems may become overwhelmed and 'give up'. Their families may not know where to turn for help. Christian therapists must provide hope and help the client (& family members involved in the counseling process) understand the mind-body-spirit connection.